

Dr. Mary Solanto

Dr. Solanto is Associate Professor of Psychiatry in the Department of Psychiatry and at the NYU Child Study Center at the NYU Langone Medical Center. She completed her undergraduate education at Princeton University, and received her Ph.D. in Clinical Psychology from the University at Buffalo. She subsequently completed an NIMH post-doctoral fellowship in the Department of Psychiatry at the Albert Einstein College of Medicine. Prior to joining NYU, she was Director of the ADHD Center in the Department of Psychiatry at the Mount Sinai School of Medicine.

Dr. Solanto's research on the cognitive and behavioral functioning of children with ADHD, the effects of psychostimulants, and characteristics of the subtypes of ADHD has been supported by grants from the National Institute of Neurological Diseases, the National Institute of Mental Health, and the National Institute of Child Health and Human Development. Dr. Solanto has also worked extensively with adults with ADHD. She developed a novel cognitive-behavioral intervention which targets problems of time-management and organization in adults with ADHD and which was the focus of an NIMH-sponsored treatment efficacy study, published in the *American Journal of Psychiatry*. The manual for therapists, titled ***Cognitive-Behavioral Treatment of Adult ADHD: Targeting Executive Dysfunction*** was published in 2011 (Guilford Press).

Dr. Solanto is active in clinical work with adults and children, and in the training of psychiatrists and psychologists to diagnose and treat AD/HD and related disorders. She has conducted workshops with parents and teachers concerning identification and treatment of children with AD/HD, and has presented to adult self-help organizations on strategies to improve organization and self-management. Dr. Solanto has published numerous scholarly papers concerning ADHD in children and adults and is a frequent reviewer for professional journals. She has served as a grant reviewer for NIMH. Currently, she is a member of the advisory board of the *Journal of Child Psychology and Psychiatry* and is a member of the editorial board of the *Journal of Attention Disorders*. She serves on the professional advisory boards of CHADD (Children and Adults with ADHD) NCLD (National Center for Learning Disabilities), and APSARD (American Professional Society for ADHD and Related Disorders). Dr. Solanto edited a book (with Amy Arnsten and Xavier Castellanos) titled: ***Stimulant Drugs and ADHD: Basic and Clinical Neuroscience***, (Oxford University Press), which is an investigation of the mechanisms of action of stimulants in ADHD.