

Thomas E. Brown, Ph.D.

Bio Summary

Dr. Thomas E. Brown is a clinical psychologist who received his Ph.D. from Yale University and specializes in assessment and treatment of ADHD and related problems in children, adolescents, and adults. For more than 20 years he served on the clinical faculty of the Dept. of Psychiatry at the Yale School of Medicine and as Associate Director of the Yale Clinic for Attention and Related Problems. In May, 2017 he relocated to Manhattan Beach, CA where he is director of the Brown Clinic for Attention and Related Disorders.

Dr. Brown served as Adjunct Clinical Associate Professor of Psychiatry and Behavioral Sciences at the Keck School of Medicine of the University of Southern California and is an elected Fellow of the American Psychological Association and the Society for Clinical Child and Adolescent Psychiatry.

Dr. Brown developed the Brown Executive Function/Attention Rating Scales (1996, 2021) and has published 30 peer-reviewed journal articles and 6 books on ADHD. His award-winning book, *Attention Deficit Disorder: The Unfocused Mind in Children and Adults* (Yale University Press, 2005) has been published in seven foreign languages. His most recent books are *Smart but Stuck: Emotions in Teens and Adults with ADHD* (2014) and *Outside the Box: Rethinking ADD/ADHD in Children and Adults-A Practical Guide* (2017). His new book, *ADHD and Asperger Syndrome: Twelve Tales of Struggle, Support and Treatment* (Routledge) will be released in August, 2021. All his books are available on Amazon.

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