

Dr. Douglas Russell is a child and adolescent psychiatrist and Assistant Professor of Psychiatry and Behavioral Sciences at the University of Washington. His interests include attention-deficit/hyperactivity disorder, prevention/health promotion, integrated/collaborative care, and complementary/integrated approaches to child and adolescent mental health. Clinical activities include treatment for children and adolescents with ADHD and other disorders in the PEARL clinic at Seattle Children's, and psychiatric consultation for a variety of pediatric integrated and collaborative care initiatives including Seattle Children's Partnership Access Line and UW's Behavioral Health Integration Program. Dr. Russell also has expertise in complementary and integrative treatments for ADHD. He has presented nationally on the topic of dietary interventions for ADHD and other psychiatric conditions of childhood and sits on the American Academy of Child and Adolescent Psychiatry's Complementary and Integrative Medicine Committee.

Dr. Russell earned her medical degree at Jefferson Medical College and completed both his psychiatry residency and child and adolescent psychiatry fellowship at the University of California, Los Angeles.