

Dr. Schechter is a licensed clinical psychologist and assistant professor in the Department of Psychiatry and Behavioral Sciences at Duke University School of Medicine. She is the co-director of the Duke Center for Girls & Women with ADHD, an initiative housed within the Duke ADHD Program focused on education, outreach, and research about girls and women with ADHD across the lifespan. In addition to her leadership at the center, Dr. Schechter also participates in research, much of which focuses on the role of biological and psychosocial risk factors in the development of childhood disorders, particularly ADHD. Dr. Schechter is especially interested in identifying early risk factors associated with the development of co-occurring disorders, such as ADHD and autism spectrum disorders. Clinically, Dr. Schechter specializes in the empirically supported assessment and treatment of developmental, psychiatric, and behavioral disorders.

Dr. Schechter completed her master's and doctorate in clinical psychology at Emory University, her pre-doctoral clinical internship at Duke University Medical Center, and her post-doctoral fellowship at the Duke ADHD Program.