

**Naomi Myrick, MSN, PMHNP-BC** is a dedicated Psychiatric Nurse Practitioner and founder and Clinical Director of Cardinal Care Psychiatric Services. She has led the organization since 2020, with a focus on providing accessible, high-quality mental health care. Naomi's practice emphasizes health equity, particularly for underserved and rural populations, with expertise in treating conditions like Adult ADHD across diverse patient demographics.

A passionate educator, Naomi has precepted more than 20 PMHNP students and was honored with the 2023 Outstanding Nurse Practitioner Preceptor Award by the Virginia Council of Nurse Practitioners. She also founded Cardinal Academy, an online platform offering specialized, CE accredited training for psychiatric nurse practitioners in areas such as billing and coding for private practice, Pediatric Psychiatry, and Adult ADHD.

Naomi actively contributes to advancing mental health care through her involvement in professional organizations and initiatives. Naomi serves on the advisory board for the Duke of School of Nursing Nurse Practitioner Entrepreneur Program, promoting healthcare accessibility, by helping to guide Nurse Practitioners into independent practice. She serves on the membership committee and as co-chair for the Women and Girls in ADHD Special Interest Group for the American Professional Society for ADHD and Related Disorders (APSARD), is a member of the Canadian ADHD Resource Alliance, the Virginia Council of Nurse Practitioners, the American Psychiatric Nurses Association, the International Society of Psychiatric-Mental Health Nurses, the Society of Psychiatric Mental Health Nurse Practitioners of Color and the American Nurses Association. Additionally, she serves on the Mental Health Advisory Board for Tebra Technologies and as a consultant to Tebra's product development team.