



## Joel L. Young, MD

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### **Brief Bio**

Joel L. Young, MD is medical director and founder of the Rochester Center for Behavioral Medicine in Rochester Hills, Michigan. RCBM is comprised of more than 100 professionals, including psychiatrists, advanced practice prescribers and therapists.

Dr. Young trained at the University of Michigan Hospitals and serves as Clinical Associate Professor of Psychiatry at the Wayne State University School of Medicine. He is certified in general, geriatric, forensic, and adolescent psychiatry.

Dr. Young has been primary investigator in over 100 clinical trials. He is the author of four books, many articles and writes a well-trafficked blog for Psychology Today.

Dr. Young is dedicated to improving access to mental health care and outcomes. In this pursuit, he founded MindMetrix, a digital mental health assessment platform. In addition, he is the Chief Medical Officer of MedaData, a startup initiative which facilitates psychiatric research with real-world datasets.