

APSARD 2026

Schedule at a Glance

Thursday, January 15th

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|-------------------|------------------------------------|
| 11:00AM - 5:00PM | Registration |
| 1:00 PM - 4:00 PM | ADHD 201 |
| 4:30 PM - 5:30 PM | Noven Industry Sponsored Symposium |
| 5:30 PM - 6:00 PM | Mentor/Mentee Social |
| 6:00 PM - 8:00 PM | Opening Reception |

Friday, January 16th

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| 6:30 AM - 6:00 PM | Registration |
| 7:00 AM - 8:00 AM | Exhibitor Networking + Breakfast |
| 7:00 AM - 8:00 AM | Vertical Industry Sponsored Symposium |
| 8:00 AM - 9:30 AM | Opening Plenary: ADHD and Pregnancy |
| 10:00 AM - 11:30 AM | Invited Concurrent Symposium: ADHD in the Military |
| 10:00 AM - 11:30 AM | Concurrent Symposium: How to Fill the Gap? Supporting Access to Affordable and Culturally Responsive Mental Health Services for Youth and Emerging Adults with ADHD. |
| 10:00 AM - 11:30 AM | Concurrent Symposium: Complex Cases |
| 11:45 AM - 12:45 PM | Poster Data Blitz |
| 12:45 PM - 1:15 PM | Lunch Served |
| 1:15 PM - 2:15 PM | Collegium Industry Sponsored Symposium |
| 2:15 PM - 3:15 PM | Exhibitor Networking |

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Schedule at a Glance

Friday, January 16th continued

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| 3:15 PM - 4:45 PM | Invited Symposium: ADHD, Telehealth, and Stimulant Safety: A Conversation with the DEA |
| 3:15 PM - 4:45 PM | Concurrent Symposium: ADHD In Adolescent Girls |
| 3:15 PM - 4:45 PM | Concurrent Symposium: ADHD and Sleep |
| 5:00 PM - 6:00 PM | Friday Evening Plenary: The Intersection of ADHD and Autism |
| 6:00 PM - 6:30 PM | Biederman Lifetime Achievement Award Presentation |
| 6:45PM - 7:45PM | Expert Roundtables |

Saturday, January 17th

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| 6:30 AM - 6:00 PM | Registration |
| 7:00 AM - 8:00 AM | Breakfast and Exhibits |
| 7:00 AM - 8:00 AM | Collegium Industry Sponsored Symposium |
| 8:00 AM - 9:30 AM | Saturday Morning Plenary: Do Stimulant Medications Prevent Substance Use? |
| 10:00 AM - 11:30AM | Invited Symposium: Environmental Influences on ADHD: The State of the Science and the Challenges Ahead |
| 10:00 AM - 11:30AM | Concurrent Symposium: From Session to Self-Sufficiency: Enhancing the Generalization and Maintenance of CBT for ADHD |

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Schedule at a Glance

Saturday, January 17th

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| 10:00 AM - 11:30AM | Concurrent Symposium: Shedding Light on ADHD Stigma: New Findings Focused on Youth, Families, and Schools |
| 11:45 AM - 12:45 PM | Poster Session |
| 12:45 PM - 1:15 PM | Lunch Served |
| 1:15 PM - 2:15PM | Otsuka Industry Sponsored Symposium |
| 2:15 PM - 3:15 PM | Exhibits Open |
| 3:15 PM - 4:45 PM | Invited Symposia: Understanding the Rise in ADHD Coaching |
| 3:15 PM - 4:45 PM | Concurrent Symposium: How and Why a Good Clinical Model and Processes is Important for the Current and Future Demand for ADHD Services - 'What is World Class?' |
| 3:15 PM - 4:45 PM | Concurrent Symposium: Autism and ADHD Co-Occurrence: Developmental Trajectories, Mechanisms, and Intersections |
| 5:00 PM - 6:30 PM | Saturday Evening Plenary: Debunking ADHD Myths |
| 6:30 PM - 7:00 PM | Presidential Address & Past Presidents Travel Award Presentation |

Sunday, January 18th

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| 7:00 AM - 8:00 AM | Special Interest Group Meetings |
| 7:30 AM - 10:30 AM | Registration |
| 9:30 AM - 10:30 AM | Guidelines Update Session |